

Freedom is a concept of mind, attained through the gradual development of universal understanding.



How to be Mentally Free

Where: 1160 West 10th Avenue, Vancouver

When: May 3 and 4, 2014

- ◆ **Be Happy! Be Logical** ◆ **Breathe for Mental Freedom**
- ◆ **Understand Mass-mindedness** ◆ **Mix and Socialize**
- ◆ **Enjoy Delicious Meals** ◆ **Leave with Knowledge to Maintain Your Mental Freedom and Peace of Mind**



Logical thinking is what creates individuality and frees you from mass-mindedness and obsessions. How can logical thinking be developed? That is the key to mental growth.

You have learned the fundamental truths of life such as the Mathematical Principle, the cleansing diet, the power of breathing and relative breathing exercises, constructive thinking, the control of emotion expressed through such avenues as temper, moods, criticism, jealousy, ego, selfishness, the purpose and ideal of the individualized spark of Consciousness and the universality of all things as symbolized in *One breath, One life, and One God*.

You must now take the impressions, experiences, and decisions within your life and relate them to the fundamental truths that you know are basic and correct. Analysis is the means of sorting out life and clarifying one's perspective of the larger picture of which you are a part.

You will understand the origin of thought and the building blocks of mind. You will have the tools at your fingertips to eliminate confusion and unhappiness. You will know how mass-mindedness is created and avoid its many pitfalls.

Space is limited, so please register soon.

How to Be Mentally Free is a learning program presented by the Society of Kabalarians of Canada.
Mail to: Society of Kabalarians, 1160 West 10th Avenue, Vancouver, BC V6H 1J1 **Fax this page to:** 604-263-5514 or,
Email information to: info1@kabalarians.com

★★★★ Seminar Highlights ★★★★★

- ◆ Personal instruction and interaction with instructors and representatives.
- ◆ Understand the power of breathing to maintain mental freedom, relaxation, and peace of mind
- ◆ Find out how your thoughts and feelings are influenced by mass-mindedness
- ◆ Learn how to apply your new-found knowledge to maintain your individuality and to reach spiritual fulfilment.
- ◆ Continental breakfast and lunch served both days.
- ◆ Video presentations, course binder, lesson materials, workbook, and set of CDs included.

Seminar hours: Saturday, May 3, from 8:30 am to 4:30 pm; Sunday, May 4, from 8:30 am to 3:30 pm

Register now. Enrolment is limited.

Registration deadline is April 28, 2014. Call 1-866-489-1188 for faster enrolment service.

Seminar fee if you have not previously enrolled - \$335 (includes administration fee). Payment plans available.

Already enrolled? Come for a refresher. Administration fee for the weekend is \$35. Prerequisites: Life Analysis Training, Cycle Management Training, and Healthy Living.

Name _____

Address _____

Telephone _____

Email Address _____

Enclosed is my payment of \$_____ payable to the **Society of Kabalarians of Canada**

Or charge my: Visa MasterCard Amex Discover Card No. _____

Exp. Date _____ Name on card: _____

Signature _____