

# KABALARIAN PHILOSOPHY

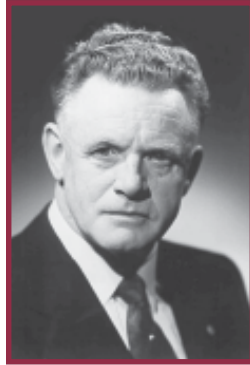
*Life is Short--  
Why Waste It?*

*An introduction  
to the Principles of the  
Kabalarian Philosophy*

Published by the  
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1160 West 10th Avenue  
Vancouver, BC V6H 1J1

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Printed in Canada



**Alfred J. Parker**  
*Founder  
Kabalarian Philosophy*

## FORWARD

Force of circumstances--a sickly childhood during which I received the death sentence from the family physician, a bedridden mother suffering from heart trouble and other afflictions--caused me to seek diligently into the reasons for such sufferings. I was loath to accept in blind faith the age-old belief that unnatural conditions are all a part of God's plan, which must be accepted without question or complaint.

In an orderly universe it did not seem to me to be logical that man should submit with quiet resignation to things that were not orderly, and my reverence for the Creative Principle led me to believe that the things which were wrong were not of God's doing, but of man's.

I believe in the axiom that "God is Love." I could easily understand that suffering could come from wrong-doing, but I saw many suffer who had wronged no one--who, in fact, were kindly and helpful to others.

I began to conclude that there were laws of which we were ignorant, laws created for our well being, laws that if obeyed would

bring to us harmony in all things; not only harmony, but perfect health and sufficient of the material things of life to supply our needs.

If this were so, then poverty, sickness, and other afflictions were "sins" in the sense that, somehow, somewhere along life's pathway, we were disobeying the laws of nature, and disobedience brings its penalties.

Concluding that the answer to the problem lay in nature, which is the handiwork and the reflections of God, I began to delve therein. This search led me to a study of all the leading spiritual philosophies of the East and West, finally arriving at the point where I could clearly discern that there should be no division between the concepts of the East and of the West. The very lack of unity between eastern and western thought created discord, for in unity there is harmony.

It became apparent that there was a lack of basic principle that prevented the merging of the two concepts into a balanced picture through which the God Principle could be seen working in both the spiritual and the material channels of life.

The concept of the East, wherein it is man's duty to unit his mind with his Inner Consciousness and thus attain Mastership, becoming the mouthpiece of wisdom, and the concept of the West by which one seeks through scientific channels the Reason of being through a fundamental and basic principle, are relative. When blended, united and thus balanced through understanding, they would provide the world with a perfect religion--a philosophy of life in its entirety.



This was the picture I could so plainly see, and to seek the underlying Principle became my goal.

I concluded that Kipling erred in his much-quoted poetical expression concerning East and West, and that he *should* have said, “For East is East and West is West, and *ever* the twain *must* meet.”

I felt keenly the seeming sense of superiority that existed in the Western religious philosophies, and I dedicated my efforts toward the understanding of universality, for we are: *One Breath, One Life, One God Principle*. This universal concept is a vital factor in the teachings of the Kabalarian Philosophy.

Realizing that all religious philosophies must be based upon the same Spiritual Principle and the same ideal (although the Principle had somehow become lost and thus the ideal distorted), I nevertheless observed that all religions contain much that is good, provided that “good” is applied.

I discovered a basic lack: the fact that the Christ Principle--so essential to human welfare--has not been conscientiously applied in the lives of peoples and of nations, nor in the lives of individuals. Recognizing the wisdom of the Christ Spirit--its ability to create fullness and completeness in man's life and in all human affairs, I wondered why humanity so foolishly, so purposefully, so deliberately and consistently, ignored or violated a Divine Principle when the ignoring or violating of that Principle led human beings into sickness, poverty, disharmony, and chaos, and particularly so when human desires and hopes were for happiness and health, and all religious doctrine advocated the working out and adherence to a principle so essential to our destiny.

Feeling that there was the crux of the whole theme of life, I pondered the vital question: What is this motivating force of life called *mind*? Where does mind originate, and through whom? Through what exact principle, applicable to each and every individual of all races, colours, and creeds, could man become a Master in his own right?

I realized that a basic principle had been either lost or purposely suppressed to prevent man from developing his intellect and his spiritual concept. This was evident in all things around me, and so I set myself the task of seeking that key which would unlock the secrets of mind and unite spiritual concept with scientific principle, that man might measure and understand the essence and working of the Divine Mind through its individual channels of man.

Divine Mind is the ruler of all things great and small, but the purposes of that Divine Mind are thwarted when certain of its channels of operation--the minds of human beings--are blocked by ignorance, warped by prejudice, shackled by age-old beliefs based on fallacies and superstition, and mired by mundane thoughts that pay no heed to things spiritual.



It is an old saying that, “When the student is ready, the Master will appear.” So it was in my case, for there was brought into my life a very beautiful and spiritual soul in the person of Swami Rai Mohan Dutta, a very highly educated Holy Man, fluent in seven languages, who had attained Spiritual Mastership. Despite his humility and unassuming nature, he was widely known in many countries.

I became acquainted with Swami when in the United States and was privileged to associate with him and study under him for several years. His boundless wisdom and sincere spiritual nature inspired me to continue my quest for the hidden Principle behind the mysteries of life, and in due time I found the key, by the Swami's aid. It is this key that formed the basis and the foundation of the Kabalarian Philosophy. It was he--possessed by mystic powers--who told me that it was my mission to formulate a religion that would combine the spiritual concept of the East and the scientific concept of the West into one harmonious whole.

Proof of the Master's vision lies in the fact that already innumerable people owe their very lives, their happiness and peace of mind, to the wisdom of the Kabalarian Philosophy which, when understood and applied, produces beneficial results in so amazingly short periods of time.

It was owing to this philosophy that I myself gained perfect health and my mother was cured of her heart condition. And so, I decided to dedicate my life in this service to my fellow man.

All laws of nature are irrevocable. There is no favouritism for one. These laws penetrate into the smallest details of our lives. Therefore, no matter what may be the nature of your problems, they can be solved by the application of these laws as embodied within the Kabalarian Philosophy.

Sincerely,  
Yours in Service,



## THE KEY TO LIFE

### What is the Kabalarian Philosophy?

It is the master key to all religious theories and philosophies: a basic, tangible, and workable theory based upon the Principle of Mathematics and Language. It contains the answer to every human problem, physical, mental, or material.

The fundamental basis of all things in the universe is mathematics. Nothing can be explained without mathematics.

Life, its source and purpose, has always been *the great mystery*; and when one contemplates its vastness, one feels so dwarfed and limited, so insignificant that there is danger of assuming that one's own restricted existence cannot cause the faintest ripple upon this great sea of life--this limitless ocean of infinity--of which we seem to be such a fragmentary part.

Such a feeling of futility has caused faint hearts to take the path of least resistance and to drift with the tide, sensing the vastness of the great plan of life yet unable to realize where they fit in, not understanding the individual mental and spiritual power that motivates their being.



Many people think of life as a vast ocean of time and space into which we are born, and erroneously consider themselves children of circumstance governed by invisible and unknowable laws over which we have no control.

Humankind must be taught to realize that life is only the unfoldment of mind through its diverse channels and that mind actually constitutes conscious life. Time and space are as nothing when compared with the Consciousness of being.

It is the Consciousness of mind that is the key to the wisdom of life. Man (or mind) is the channel of intelligence: therefore we must search into the mystery of our own mind, for therein lie the secrets of life.

## THE SPIRITUAL PRINCIPLE

The Kabalarian Philosophy teaches the basic Spiritual Principle through which we can measure and understand human mind, and bring the philosophy of life down to a practical, basic principle which embraces life in its entirety--combining the exact science of matter, mind, and consciousness into a universal whole where both the scientific and the religious concepts are combined in just equilibrium.



Life has a purpose and we are the conscious part of life, but we can attain the purpose of our being only when our inner and outer natures are in harmony. Only then can the Inner Consciousness find expression through its vehicles, the mind and body.

Study of the Kabalarian Philosophy will teach you the relationship of your mind and life and how, through an understanding of the natural, mental, and spiritual laws, you may attain a full and complete life that is your heritage.

## SECRETS OF THE PAST

What is the meaning of the word, “Kabalarian”? Upon what is the Kabalarian Philosophy based? What are its principles, and in what way does it differ from other religions, philosophies, and theories? For the answer we will quote briefly from the extensive courses supplied to students of the philosophy.

The name “Kabalarian” denotes a philosophy similar to that of the Kabalah. One who studies and applies the principles of the Kabalarian Philosophy may be called a Kabalarian. The wisdom of the Kabalah comes to us out of the mists of antiquity. It was a profound secret held inviolate by a select priesthood and was not imparted to the illiterate masses who were not yet ready for such knowledge. But as a principle it has always been, from the dawn of time.

Of the Principle of the Kabalah, Albert Pike, a noted authority on Free Masonry in his book, *Morals and Dogma*, writes: “All truly dogmatic religions have issued from the Kabalah and return to it. All the Masonic associations owe to it their secrets and symbols.”

“The Kabalah alone consecrates the alliance of the Universal Reason and the Divine Word; it establishes, by the counterpoise of the two forces, apparently opposite (positive and negative), the eternal balance of being. It alone reconciles Reason with Faith, Power with Liberty, Science with Mystery; it has the keys of the present, the past, and the future.”

The Kabalarian Philosophy is the knowledge of the Mathematical Principle through which the unknowable takes form and through which the unknowable may be measured, analyzed, and understood by the human mind.



Historical records show that Abraham received the knowledge of the Kabalah in Chaldea and India, Moses learned it through his association with the Egyptian priesthood. It is not widely disclosed even in the Hebrew teachings today; there are only a few eminent scholars who understand the Kabalah. It is a doctrine that is taught only to those found worthy and well qualified to understand and hold sacred the spiritual laws.

The average Hebrew is warned that the wisdom of the Kabalah is far too profound, containing too much power to be vested in one not capable of understanding or controlling that power. Nevertheless, it has had a tremendous influence upon the religious, spiritual, social, and economic life of the Jewish race--far more than is realized by the average individual.

## RELIGION OF REVELATION

The Kabalah might be more accurately termed a religion of revelation; its philosophy traces the meaning of symbols through the Mathematical Principle. The most outstanding holy book of the Hebrews pertaining to this philosophy is called, "Sefer Yetzirah," and deals with the esoteric interpretation of the Hebrew alphabet and with the numerical alphabet and with the numerical value of letters.

The word, "Kabalah" is taken from the Hebrew word "Kabal," meaning "to receive." The Kabalarian student receives the wisdom of the true Power of the Word through study and application of the teachings of the Kabalarian Philosophy.

The Kabalarian Philosophy is based upon the premise that God, the unknowable, must come into being or form through a definite principle.

The Kabalarian conception is that "All is God the Principle," that all is created from the One Principle, and each manifest form of life expresses that particular form of evolution of the spirit.

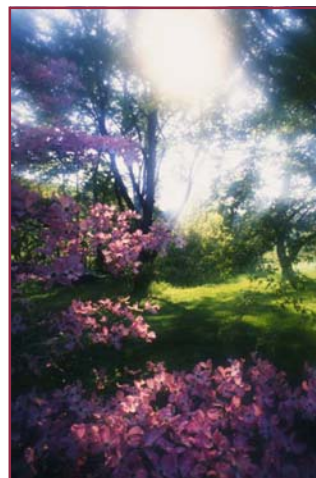
Life must be viewed from a universal standpoint, realizing the oneness of all things--One Breath, One Life, One God Principle--that all things are but a part of this Universal Principle, and all things are co-related.

The relativity of all things cannot be understood unless one understands the law of vibration by which all things hold their rightful position as a necessary part of the whole--that all contribute to a complete pattern of life.

To destroy or mar one thread in the intricate pattern of a rug would be to mar its perfection. And so, it is with universal life.

It is through misconception of truth that we attempt to separate ourselves from the Universal Principle and become a law unto ourselves; thus turning the whole law of nature against ourselves, and suffer in consequence.

## LAW OF VIBRATION



All life is motion or vibration, a unity of the positive and negative forces of nature, spirit and earth. The varying vibrations comprise the innumerable forms of life, all linked. They merge with one another, as the colours of the rainbow.

Colours have their vibrations; so have thoughts. Nothing exists without vibrations--even the letters of your name (which do or do not harmonize) can repel or attract.

Man possesses three bodies: a physical, a mental, and a spiritual or ethereal body. The various functions of these bodies and the methods whereby greater progress can be made on the pathway of life are taught to students of the Kabalarian Philosophy.

### **MATHEMATICS A SACRED PRINCIPLE**

God is the Great Geometrician, the mathematical manifestation of life through form and measurement, the symbolic manifestation of spiritual power, the cause, the growth and measurement combined.

All is mathematical because all is measurement. Whether we are conscious of the measurement or not, it still exists.

To understand the mathematical laws is to realize the purpose of living; to understand them opens the way to exercise control whereby we may benefit greatly by their application to ourselves. To be ignorant of these laws is to open the way to unconscious opposition to them, leading to chaos--just as one endangers his life if he is ignorant of or disobeys the traffic signals designed for our safety.

It would be impossible for the layman immediately to grasp all the fundamentals of this Principle; comprehension comes with study.

Language is a manifestation of thought; by one's language can be known one's thoughts; by one's thoughts can be known one's mind. There are invisible forces, spiritual qualities, behind each letter and each number, and your name--used hourly--is the most important factor in language as far as you are concerned.

The Power of the Word cannot be overstressed. *"In the beginning was the Word...and the Word was God."* (St. John 1:1)

The Kabalarian student is taught that he is responsible for his life, his mental and spiritual growth; he is taught that Christ symbolizes the Consciousness and Wisdom of the universe to which man must aspire by first finding a definite and tangible Spiritual Principle and then applying himself to it, and it to himself, to remove all imperfections, for a discordant mind can never become one with the Father or the Consciousness within.

*"Life is the ladder by which we rise  
From the lowly earth to the vaulted skies."*

### **HAVE YOU A PROBLEM?**

Perhaps you have been a keen student of other philosophies, or an intense biblical student, in which case you will quickly discover that there is no conflict between the Kabalarian Principle and any other philosophical or religious study. The Kabalarian Principle is the philosophy of life in its entirety. It embraces all other studies plus a definite and tangible principle through which God the Principle can manifest all harmony and beauty, all fullness and completeness in your life. Remember the Scriptural command:



*"Seek ye first the kingdom of God  
(Principle) and all these things shall be  
added unto you."* (St. Matthew 6:33)

Have you a problem? If you have, then all previous studies, although interesting and comforting, have not given you the complete answer. The Kabalarian Principle contains the answer and the solution to every human problem.

## **HEALTH IS THE MOST SOUGHT-FOR TREASURE, ITS ABSENCE IS MAN'S GREATEST TRAGEDY**

### **The Major Disease--Dissociative Identity Disorder**

Dissociative Identity Disorder, or multiple personality, has been one of the major complexities of human existence. The simple reason is that little or nothing has been known about human mind, its origin and final disposition.

Psychiatry tabulates its eccentricities under various mental classifications, but explains nothing that is logical and tangible about their cause, nor offers anything concrete as to their cure. Its last resort is shock treatment which is unnecessarily harsh. Due to its low percentage of cures, it is very unsatisfactory and, as in the use of drugs, becomes a habit; its beneficial effects, if any, are so often short-lived. The electrical shock works upon the premise that two or more mentalities are using one individual's brain cells, with the obsession steadily growing stronger until the individual's mind is no longer able to influence thought and actions. In its intensity it is termed as "obsession." The electric treatment shocks the brain cells almost to the point of complete unconsciousness and death, dislodging any mentalities, and then as nature reasserts itself in the individual's body one of the minds will come back separately with the body. Sometimes it is the individual's mind, i.e., if the treatment is successful; otherwise the unbalanced condition comes back worse than before. This treatment bears out the logic of there being two or more minds controlling one brain. The secret of success lies in one's ability to disentangle the individual mind from the outside interfering mentality.

Multiple personalities express in many forms, but it is recognized only where there is a major complex such as hearing voices, or one person becoming two or more decidedly different personalities, each entity living and expressing completely independently.

The Kabalarian Philosophy proves that dissociative identity disorder is the cause of many major ailments as well as of all the mental confusion in the world today. How is the average person going to tell whether or not he is a divided entity, such as in the case of people plagued with violent tempers, periodic self-pity, and self-depreciation, jealousy, desiring to do one thing yet doing another and when questioned saying one was impelled?

Practically all insane people know they are doing silly things and know they should not, but the outside mental entity has too strong a control of the brain, and so they do what they are told to do.

### **GENIUS AND COMPLEXES**

Then there is the genius whose accomplishments are years ahead of his mental development, age, and capabilities along other lines: children who play instruments at an early age without technical instruction or systematic effort. This condition usually results in tragedy for when the child grows up and is forced to assume worldly responsibilities the obsessing inspirational mind is forced out because of its lack of practical ability. The individual's mind is undeveloped from the age when the split personality began to take over. Then there are many complexes such as lack of self-confidence, aches and pains that come and go, and many times come very suddenly and leave the person a cripple. There is creeping paralysis and withering of the parts of the body, seemingly coming out of a clear sky. There is no end to the influence of split or multiple personality.



Take, for instance, alcoholism, drug addiction, kleptomania, sadism, suicidal tendencies, and not forgetting the cases where people are strangled in their sleep, as well as the very common, yet little-publicized, tragedy of sex interference, not only during sleep but during waking hours regardless of the moral nature of the individual.

After centuries of research, science and philosophy have failed to explain the two opposites of a person's nature, why every person has a good side and a bad side to his or her nature.

It is this mental phenomenon that has induced ignorant people to create a mythical devil upon which to blame all the tragedy, confusion, and suffering of the human race, instead of learning to understand mind, its origin, and expression.

## ORIGIN OF MIND

The Kabalarian Philosophy contains the knowledge of human mind, its origin, its eccentricities, and its limitations.



Alfred J. Parker spent many years in the study of mind and uncovered secrets that throw a completely new light upon the life of the mind. All his work has been proved through practical experimentation, and a definite system of dissolving multiple personalities was developed that applies to every type of mental interference. Thousands of people owe their mental balance and their lives to the knowledge of the Kabalarian Philosophy. It gives a new outlook upon life and its many complications, and brings a peace

and happiness not obtained in any other philosophical study because its influence is intellectual and not purely emotional.

## CHILD HABITS



This knowledge of mind in relationship to child training is a revelation. Millions of parents are nonplussed at the behaviour of their children, despite all efforts to train them correctly. It is almost inconceivable the state of thinking that a young child can develop for no apparent reason as far as science is

concerned. There are cases of bed-wetting and other dirty habits, besides the very common habits of stealing and sex perversion. All these things must have a basic and scientific reason, and must not be dismissed as healthy, for they are major tragedies to the ones afflicted. Numerous pains and aches, many of them major ones, can be removed by dissolving multiple personalities.

This is only one phase of the teachings of the Kabalarian Philosophy. It enters into all phases of life concerning the mind, human behaviour, and sickness, as related to the balance of human mind. Mankind will learn through bitter experiences and suffering that the answer to delinquency, criminality, sickness, disease, and insanity will not be found through increasing the number of institutions to take care of the afflicted, but by removing these scourges from the human race, by teaching and giving people that "peace of mind" that passeth understanding.

The key lies in the knowledge of human mind through the Kabalarian Philosophy.

## **STUDIES IN THE KABALARIAN PHILOSOPHY INCLUDE HOME, CENTRE OR ONLINE STUDY:**

Life Analysis Training  
Cycle Management Training  
Healthy Living  
Philosophy 1 - How to Be Mentally Free  
Philosophy 2 - Principles in Action  
Philosophy 3 - Thoughts for Personal Growth  
Philosophy 4 - Studentship and Mental Development  
Philosophy 5 - Steps to Spiritual Growth  
Philosophy 6 - Potentials of Thought

## **PRODUCTS**

1. Free Name Report
2. Balanced Name Recommendation reports
3. Cycle Charts
4. Books on various life topics
5. Kalex Balanced Business Names
6. Study Program materials

## **SERVICES OFFERED**

1. Free Name Report Consultation - 15 minutes
2. Free Balanced Name Recommendation Consultation - 1 hour. Can be taken in segments
3. Personal Interviews
4. Kalex Business Consultation
5. Online Training to Philosophy 4 comes with an assistant

## **WEBSITE - [www.kabalarians.com](http://www.kabalarians.com)**

The Kabalarian Philosophy has an informative Internet website. There you will find a special demonstration section where you can obtain a brief analysis of your own first name and those of friends. You will also discover further introductory information and philosophical articles on this unique way of life. Visit us at **[www.kabalarians.com](http://www.kabalarians.com) or [freenamereport.com](http://freenamereport.com).**

## **COMMENTS ON THE NAME REPORT**

*“My name is Miranda and I’d like to say how great this site is! The description fit me to a T. Thanks for the interesting reading.”*

*“Remarkable! Most remarkable. I have checked several names with great scepticism, and came away a believer. You guys are really good!”*

*“I read this assessment of my name and it is 100% accurate. I have all the listed personality traits and I even have medical aspects relating to my head.”*

*“Hi there. I just wanted to say that I love your name analysis. I’ve looked up all my friends and amazingly enough it all seems true. That’s really incredible! I just wanted to tell you what a wonderful website you have.”*

*“This is terrific!!! You were right on the money about me. I really enjoyed that a lot!!”*

## **Some of the areas on the website include:**

- Free Name Reports
- Free articles
- Free audio presentations
- Access to over 600,000 names
- Comprehensive question and answer section
- On-line ordering

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### *Administrative Head Office*

The Administrative Office is located at 1160 West 10th Avenue, Vancouver, BC, Canada.

The office is staffed by full-time employees assisted by many volunteers. Purchases of Cycle Charts, Name Reports, Balanced Name Recommendations, courses, and books written by the founder, Alfred J. Parker, may be made during business hours: Monday to Friday, 8:30 am to 3:30 pm (Pacific time) or may be ordered online at **www.kabalarians.com**. Course registration takes place through the Vancouver head office or the local centre office.

### *Consulting Services*

Experienced consultants are available to answer questions and to offer advice on an individual basis. A consulting fee is charged where applicable.

### *Correspondence Department*

Unable to participate at one of our locations? Take the opportunity to look into the online training or correspondence home study.

The Correspondence Department is ready to assist you with your understanding of the basic principles of the Kabalarian Philosophy. Contact the head office for further information.

## KABALARIAN ETHICS OF RIGHT THINKING

Appreciate and respect the Power of the Word (speech); never misuse this power by swearing, vulgarity, lying and deceit, falsifying another's statement, or destroying the reputation of others.

Strive to govern moods and habits so as to create peace and happiness within your own mind and to share that peace and happiness with others through happy, constructive thoughts, through little acts of generosity and service, and through seeing good and God in others. Acts of giving never go unrewarded.

Always endeavour to develop an open mind, giving credit to others for mental effort even though they may not as yet have discovered the true light of wisdom.

Stand in awe at the threshold of wisdom in humbleness and in deep respect. Remember that wisdom expressed through you is not of your creation but always was. Your endeavour to fit and balance your mind to your higher consciousness of wisdom is your sacred duty and not optional.

Only through constant striving to eliminate bad or negative thoughts and habits can your mind feel justly proud to be a sacred part of Divine Consciousness. Mistakes sometime occur—it is not evil—it may occur through wrong evaluation or comparison, sometimes through over-anxiousness or undue optimism. A first mistake may be classified as an error in judgment if a lesson is learned from the experience; if not, then it is a conscious mistake upon a negative plane of mind, and serious and punishable through the law of reaction and your conscious realization that you deliberately created your own test and must now find the solution.

Kill out ego and false pride. Never take the know-it-all attitude, for to do so is to kill out natural incentive and progress.

Remember that your mind is the greatest instrument in the universe. As you think, so are you, because the nature of your thoughts indicates the plane of mind to which you are tuned; thus, your thinking and you are one. If you did but realize the power of your own mind for good or for destructiveness, you would check every thought and utterance. Do not say wrong or hurtful things for fun or to build up your own importance. Remember false pride comes before a fall. Never negate your thoughts and ideas; never say "can't" or depreciate your ability to equal or better the performances of others. What others have done, you can do, and do better, but do not say so; prove it in greater application than others, for only by effort and application shall your works be known. Never make idle and boastful statements; say only that which is logical and truthful. Learn to know when to speak, and always express your thoughts in a refined and dignified way so as to leave the best impression.

Be systematic, proceed step by step, and learn to finish the things you start. Never make a promise that you cannot, or do not, intend to carry out; thus will you always speak truth. Align yourself always upon the side of justice, truth, and honesty. Do not meet others upon the plane of anger, wrongdoing, or thoughtlessness. Always use the power of analysis, particularly when in doubt. Never attempt to alibi that which you know is wrong. Keep your mind always upon a constructive plane of thinking. Remember, your sins will always find you out.

Always seek an ideal, an objective, and the proper method of application. Create a refined and individual personality, a happy and generous one. Develop clean and tidy habits, body cleanliness, and a clean mind. Be conservative, yet creative, in your dress. Avoid showiness in dress and loudness in speech. Make others want to pattern themselves after you: that is a well deserved compliment, and indicates adherence to Kabalarian Ethics of Right Thinking.

**Alfred J. Parker**  
**Founder, Kabalarian Philosophy**